



MVMA is Offering a New Benefit to Members

We are excited to announce that the MVMA Board of Directors has approved a new benefit for members that will focus on mental health and wellbeing in partnership with [Restorative Path Counseling and Wellbeing](#). The MVMA recognizes that the Veterinary Profession and Community is selective on who they will approach with their struggles, and wants to reduce the barriers, by providing access to a reliable and credible mental health professional (Mrs. Athena M. Diesch-Chham, MSW, LICSW) with 10 years of veterinary experience.

Restorative Path Counseling and Wellbeing is offering therapeutic intervention both in initial consultation and beyond for all members. **Additionally, any team member, working at a practice where an MVMA member is employed will be able to take advantage of this benefit.**

Services offered:

- MVMA members and their team will have access to individual therapeutic consultation to determine need and appropriateness for therapy/treatment. Beyond the initial session, Members and Clinicians will determine plans for further therapeutic intervention utilizing either insurance coverage or private pay option.
- MVMA members and their team who have either poor or no mental health insurance coverage, or significant financial barriers to accessing help will gain up to 5 additional sessions covered by MVMA to allow time to gain additional skills, tools or coping strategies to manage situations.
- Restorative Path Counseling and Wellbeing/Athena Diesch-Chham will be available on short notice to any member/member clinic for crisis debriefing and emotionally charged/sensitive situations. We will work with MVMA and other entities to be available in ways that will have the greatest impact while acknowledging each clinic/hospital may want to approach in individualistic ways, and we will be prepared to offer both individual and team-based approaches for these emotionally charged and sensitive situations.



We are proud to have Restorative Path Counseling as the newest MVMA supporting member. Don't hesitate to reach out to us with more questions at info@mvma.org. We encourage you to explore [Restorative Path Counseling's website](#) to see what they have to offer you as an MVMA member and reach out to Mrs. Athena M. Diesch-Chham, MSW, LICSW to learn more.

Restorativepathcounseling.com

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[Learn More](#)



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